

# Menu

## FOOD

### BREAKFAST (served all day)

**All-Day B.A.E.** \$10.50  
bacon & two eggs (your way) with queso fresco, avocado slices, & black-bean spread over toasted rye & served with fruit

**Eggs In Jail** \$11.00  
two poached eggs, bacon, & hollandaise over toasted brioche & served with fruit (try SPICY with jalapenos, guajillo sauce, & spicy cilantro sauce; add \$1.00)

**Always Sunny** \$10.00  
grilled sausage, cheddar, swiss, & provolone topped with two sunny-side-up eggs over toasted brioche & served with fruit

**Nacho Mama!** \$11.00  
eggs scrambled with chorizo, queso fresco, tomatoes, & onions with black-bean spread, avocados, & salsa verde over sourdough & served with fruit

**Hasher In The Rye** \$9.00  
corned beef, egg (your way), potatoes, onions, & hollandaise with toasted rye

**Omelet It Be** \$10.00  
omelet loaded with sauteed spinach, mushrooms, onions, & cheese with 9-grain toast (add bacon or sausage \$2.50)

**Pork It Over** \$11.00  
two eggs (your way), two bacon strips, & grilled sausage with sourdough toast

**Breakfast Bad Boy (sandwich)** \$10.00  
scrambled eggs & mixed cheeses with choice of either bacon or grilled sausage on toasted sourdough & served with fruit

**Chilaquiles Amigos!** \$11.00  
eggs scrambled with assorted cheeses, mixed peppers, onions, tortillas, & green cilantro sauce with a side of black beans

**Steakin' Me Creggsy** \$15.00  
eight-ounce flat-iron steak with chimichurri sauce, two eggs (your way), & potato & bell-pepper hash

**French My Toast** \$9.00  
two golden-brown french toasts with whipped butter & maple syrup & served with fruit

**Hottie Hotcakes** \$8.00  
three homestyle pancakes with whipped butter & maple syrup & served with fruit

### DESSERTS

**Bread Pudding** \$7.00  
house-made bread pudding topped with strawberry syrup & powdered sugar (add ice cream \$1)

**Brownie** \$7.00  
house-made brownie with powdered sugar topped with ice cream & chocolate sprinkles

**Affogato** \$5.00  
espresso over ice cream

**Ice Cream** \$2.00  
two scoops of vanilla häagen-dazs

### TOASTS (all breads vegan except brioche)

**Don't Get Salty (vegan)** \$6.50  
avocado spread, black salt, & pepper on toasted sourdough (add egg \$2)

**Avo-Ca-Damn (vegan)** \$6.50  
avocado slices, sriracha red, & sriracha green on toasted rye (add egg \$2)

**Bohemian Raspberry** \$7.00  
raspberries, walnuts, dark chocolate drizzle, & rose cream cheese on toasted 9-grain

**Coma-Toast** \$4.50  
torched cinnamon sugar & butter on toasted brioche

**It's My Jam** \$5.25  
raspberry jam, butter, & choice of peanut or almond butter on toasted 9-grain (sub honey for jam) (add sliced banana \$1)

**Ricotta Be Kidding** \$5.50  
pear slices, walnuts, & honey-ricotta spread on toasted 9-grain

### FEATURED TOASTS (includes fruit)

**Smokey The Salmon** \$8.50  
smoked salmon lox, diced cucumbers, shallots, alfalfa sprouts, & pineapple habanero cream cheese on crunchy sourdough

**All I Avo Wanted** \$8.75  
sliced avocados, jammy soft-boiled egg, pickled watermelon radish, alfalfa sprouts, ginger chili oil, black, salt, & pepper on toasted 9-grain

**Shroom With A View** \$8.25  
sautéed mushrooms, shaved cured egg yolk, arugula, ginger chili oil, roasted red-pepper vinaigrette, & onion-ricotta spread on toasted sourdough

### SANDWICHES (includes chips & pickle)

**Sweet Dreams Are Made Of Cheese** \$9.50  
grilled cheese with melted provolone, cheddar, & swiss on toasted sourdough

**Plucking Good** \$11.50  
grilled chicken with sriracha mayo, provolone, lettuce, & tomato on toasted sourdough

**Talk Turkey To Me** \$11.50  
thin-sliced peppered turkey breast, roasted raspberry chipotle sauce, arugula, havarti cheese, & avocado on toasted sourdough

**Baconado LT** \$10.50  
bacon, lettuce, tomato, avocado, & sriracha mayo on toasted sourdough

**Reu-ben Around** \$11.50  
corned beef, swiss, sautéed onions, sauerkraut, horseradish pickles, & russian dressing on toasted rye

### SANDWICH COMBO \$11.00

choose any 1/2 sandwich with either the daily soup cup, the side garden salad, or the fruit medley cup

### SALADS & SOUPS

**Kale Me Caesar** \$8  
kale, cherry tomatoes, shaved parmesan, caesar dressing, & toasted croutons (add chicken \$4)

**Garden Of Eat It (side or meal)** \$5/\$8  
mixed greens, tomatoes, cranberries, radish, olive oil, goat-cheese crumbles, & zesty lemon vinaigrette (add chicken \$4)

**Fruit Of Our Labor** \$4  
refreshing medley of seasonal fruits in a cup

**Soup Of The Day (cup or bowl)** \$4/\$6  
ask about our daily soup offerings

### SIDES / KIDS / ADD-ONS / SUBS

pancake \$3	french toast \$4.50	egg \$2	avocado \$2.50	sausage \$2.50	bacon \$2.50	potatoes \$1.50	black beans \$2
tomato \$.50	sautéed mushrooms \$1.50	banana \$1	chips \$1	toast slice (sourdough, brioche, rye, or 9-grain) \$1.25			
gluten-free toast slice \$2.25	sub gluten-free for regular toast \$1.50	sub egg whites \$.80					

# Menu

## DRINKS

### COFFEE

	SMALL	LARGE
<b>Drip Coffee</b> (12oz, 16oz)	\$3.00	\$3.50
<b>Chemex Pour-Over</b> (12oz, 16oz)	\$4.50	\$5.50
<b>Café Con Leche</b> (12oz, 16oz)	\$3.25	\$3.75
<b>Cold-Brew Coffee</b> (12oz, 20oz)	\$4.00	\$4.50
<b>Nitro Cold Brew</b> (12oz, 20oz)	\$5.00	\$5.50
<b>Primal Coffee</b> (16oz) <i>drip coffee + grass-fed butter &amp; MCT oil</i>	—	\$5.50
<b>Vietnamese Iced Coffee</b> (12oz, 20oz) <i>cold-brew coffee &amp; sweetened condensed milk</i>	\$4.25	\$4.75

### ESPRESSO

	SMALL	LARGE
<b>Double Espresso</b> (2oz)	\$3.25	—
<b>Macchiato</b> (3oz)	\$3.50	—
<b>Cortado</b> (4oz)	\$4.00	—
<b>Cappuccino</b> (6oz)	\$4.25	—
<b>Latte</b> <i>(hot 12oz or 16oz; iced 12oz or 20oz)</i>	\$4.50	\$5.00
<b>Americano</b> <i>(hot 12oz or 16oz; iced 12oz or 20oz)</i>	\$3.50	\$4.00

### TEA & BASICS

	SMALL	LARGE
<b>Full-Leaf Tea</b> <i>(hot 12oz or 16oz; iced 12oz or 20oz)</i>	\$2.75	\$3.25
<b>Chai Tea Latte</b> (house-made) <i>(hot 12oz or 16oz; iced 12oz or 20oz)</i>	\$5.00	\$5.50
<b>Matcha Tea Latte</b> <i>(hot 16oz; iced 20oz)</i>	—	\$5.00
<b>Kava</b> (6oz) <i>(water \$5 or tea \$8)</i>	\$5.00	\$8.00
<b>Kombucha Draft</b> (12oz, 20oz)	\$4.00	\$5.00
<b>Topo Chico</b> (12oz)	—	\$3.00
<b>Hot Chocolate</b> (12oz, 16oz)	\$3.00	\$4.50
<b>Orange Juice</b> (12oz, 20oz)	\$2.50	\$3.00
<b>Milk</b> (12oz, 20oz)	\$2.50	\$3.00
<b>Soda</b> (12oz)	—	\$2.00

### SMOOTHIES (20oz)

(add whey or pea protein \$2, CBD \$3, liquor shot \$3)

<b>Super Freak</b> cold-brew coffee, bananas, vanilla, milk, & cinnamon (suggested spike: kahlua or bourbon)	\$7.00
<b>The Elvis</b> bananas, peanut butter, chocolate, & milk (suggested spike: rum or bourbon)	\$7.00
<b>Green Giant</b> avocado, bananas, matcha, honey, & almond milk (vegan; suggested spike: baileys)	\$8.00
<b>Strawberry Fields</b> strawberries, bananas, agave, & milk (suggested spike: whiskey or rum)	\$7.00
<b>Blue-Very-Keto</b> blueberries, vanilla, MCT oil, & coconut milk (vegan; suggested spike: rum)	\$8.50
<b>Peach On Earth</b> frozen peaches, oats, vanilla, orange juice, & cinnamon powder (vegan; suggested spike: vodka)	\$7.50
<b>Purple Rain</b> kale, strawberries, blueberries, chia seeds, agave, & coconut milk (vegan; suggested spike: vodka)	\$7.00
<b>Yellow Out</b> turmeric mix, bananas, ginger, lemon juice, honey, coconut milk, & orange juice (vegan; suggested spike: triple sec)	\$7.00
<b>Beach Therapy</b> pineapples, bananas, spinach, agave, chia seeds, & coconut water (vegan; suggested spike: tequila)	\$8.00
<b>Southern Comfort</b> bananas, walnuts, chia seeds, brown sugar, maple syrup, cinnamon, & soy milk (vegan; suggested spike: bourbon)	\$8.00
<b>Spa-De-Da</b> cucumbers, pears, strawberries, lime juice, honey, herbal tea, & ginger (vegan; suggested spike: gin)	\$7.00

### BRUNCH COCKTAILS

<b>Cowboy Coffee</b> whiskey, cold-brew coffee, & syrup of choice	\$6.00
<b>Mimosa</b> champagne & orange juice	\$4.50
<b>Mimosa Carafe</b> serves 3-4	\$13.00
<b>Bloody Mary (spicy by request)</b> house-made bloody mary mix, vodka, olives, & lime with savory & spicy rim	\$8.00

### Request our Full Bar Menu Featuring

Beer, Wine, Classic Cocktails, & Specialty Cocktails

### SYRUPS

(house-made) \$.80

| Caramel\* | Mocha |

| Maple | Lavender |

| Vanilla\* | Peppermint |

| Hazelnut\* |

| FrenchToast |

\*sugar-free available

### MILKS

whole & skim

(sub almond, oat, soy, coconut, or breve for \$.80)

### ADD-ONS

CBD	\$3.00
Liquor Shot	\$3.00

Flip Over For Food Menu! →